

2022 LaVida Overview Schedule

	Friday, Nov. 4, 2022	Saturday, Nov. 5, 2022	Sunday, Nov. 6, 2022
8:00 AM		REGISTRATION/EXPO	EXPO
9:00 AM		PLENARY #2	WORKSHOP 9-10:15AM
9:30 AM			
10:00 AM		FAST TRACK 10:15am, 11: 30am	BREAK (10:15AM-10:45AM)
10:30 AM			PLENARY #4 10:45AM-12PM
11:00 AM			
11:30 AM		LUNCH 12: 30-1:30 PM	
12:00 PM			
12:30 PM			
1:00 PM			
1:30 PM		WORKSHOP 1:45- 3PM	
2:00 PM			
2:30 PM			
3:00 PM	REGISTRATION/EXPO 3-7PM	EXPO	
3:30 PM			
4:00 PM		BREAK	
4:30 PM			
5:00 PM		EXPO	
5:30 PM		DINNER 6-7PM	
6:00 PM		PLENARY #3 7-8PM	
6:30 PM			
7:00 PM	PLENARY #1	FIESTA 8- 10PM	
7:30 PM			
8:00 PM			
8:30 PM			
9:00 PM	REGISTRATION/EXPO		
9:30 PM			